



# Optimum Care

## PHYSICAL THERAPY

Where care matters

Website: [www.theoptimumcare.com](http://www.theoptimumcare.com)  
Email: [contact@theoptimumcare.com](mailto:contact@theoptimumcare.com)  
Phone: 404.993.5155  
Fax: 404.334.3227  
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**Attention patient: Please bring this document to your first appointment**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Frequency and duration \_\_\_\_\_ times a week for \_\_\_\_\_ weeks

Prescription: ☐ Evaluate and Treat ☐ Home Instructions Only

### Procedures

- ☐ Dry Needling
- ☐ PROM
- ☐ AAROM
- ☐ AROM
- ☐ Strengthening
- ☐ Manual Therapy
- ☐ Massage/ myofascial release
- ☐ Gait Training
- ☐ TMJ Therapy
- ☐ Taping
- ☐ Other \_\_\_\_\_

### Modalities

- ☐ Electrical Stimulation
- ☐ TENS
- ☐ Ultrasound
- ☐ Traction
- ☐ Iontophoresis
- ☐ Ice/Heat

### Program

- ☐ Work conditioning
- ☐ Work Hardening
- ☐ FCE

Precautions (if any): \_\_\_\_\_

Referring Physician (Print Name): \_\_\_\_\_

Referring Physician(signature): \_\_\_\_\_ Phone: \_\_\_\_\_

### Location:

**Optimum Care Physical Therapy - Main Office**  
1670 Mckendree Church Road,  
Suite 60  
Lawrenceville, GA 30043

### Insurance accepted :

**We accept Medicare, Medicaid,  
Work Comp, MVA and all major  
insurances.**

**Please call for appointments and  
further information.**